

SPINAL NERVE

ORGANS & GLANDS

The organs and glands listed below are linked to the corresponding sections of the spine and it's spinal nerves.

ASSOCIATED SYMPTOMS

Please indicate below any symptoms you are currently experiencing as well as any you have previously experienced.

| CERVICAL | THORACIC | LUMBAR | SACRAL | ORGANS & GLANDS | | ASSOCIATED SYMPTOMS | |
|----------|----------|--------|--------|--|--|---|----------|
| | | | | CURRENT | PREVIOUS | CURRENT | PREVIOUS |
| C1 | | | | Parotid Gland • Scalp Base of Skull • Eyes Lacrimal Gland • Sinuses Inner, Middle & Outer Ear Nose • Mouth Intracranial Blood Vessels Sympathetic Nervous System Neck Muscles • Diaphragm Shoulders • Elbows • Arms Wrists • Hands & Fingers Tonsils • Vocal Cords Esophagus • Heart Lungs • Chest • Thyroid | Sinus & Ear Pain/Infection Runny Nose & Allergies Frequent Head Colds Sore Throat & Tonsilitis Strep Throat Chronic Cough & Croup Difficulty Breathing Poor Immunity Dizziness & Vertigo Tinnitus & Ear Fullness Vision Problems Watery/Dry Eyes Chronic Fatigue Poor Concentration Depression | Anxiety & Stress Seizures ADD/ADHD Thyroid Dysfunction Metabolic Dysfunction Insomnia High/Low Blood Pressure Enlarged Lymph Glands Migraines & Headache TMJ Pain Stiff Neck Arm Pain Hand/Finger Numbness Loss of Grip Strength | |
| C2 | | | | | | | |
| C3 | | | | | | | |
| C4 | | | | | | | |
| C5 | | | | | | | |
| C6 | | | | | | | |
| C7 | | | | | | | |
| C8 | | | | | | | |
| T1 | | | | | | | |
| T2 | | | | | | | |
| T3 | | | | | | | |
| T4 | | | | | | | |
| T5 | | | | | | | |
| T6 | | | | | | | |
| T7 | | | | | | | |
| T8 | | | | | | | |
| T9 | | | | | | | |
| T10 | | | | | | | |
| T11 | | | | | | | |
| T12 | | | | | | | |
| L1 | | | | | | | |
| L2 | | | | | | | |
| L3 | | | | | | | |
| L4 | | | | | | | |
| L5 | | | | | | | |
| S1 | | | | | | | |
| S2 | | | | | | | |
| S3 | | | | | | | |
| S4 | | | | | | | |
| S5 | | | | | | | |